



COURSE

Coaching and Mentoring

4th Edition

Inclusion

Respect



Practice Engagement Management and Team Development

Wisely managing and developing team members is essential in today's business environment, which makes coaching and mentoring training courses part of an essential modern work skill. Coaching and mentoring training for business managers is often a critical step in bringing new hires onboard and acclimatizing them to your culture, processes, and expectations. It can help high-performing employees advance their skills and commitment to the organization – and help average or low-performing employees be more productive. It improves the function of the team, department and entire organization.

The Coaching and Mentoring training course will explain both the practical benefits for coaching and mentoring courses, along with the business case for the professional development of your workforce. We also provide learners with the practical skills needed to shift their point of view in order to filter through the facts and decide what's important to both them, and their mentees. Your learners will see how they can make an even bigger impact – for their teams and teammates.

Interactive polling questions in the Coaching Mentoring training course give employers real insight into how learners feel about the concepts and culture skills presented. Emtrain's innovative Ask the Expert feature gives learners direct access to course experts.

Key Concepts

- SMART framework for coaching and mentoring.
- How to compare actual performance against goals.
- How to explore options to enhance professional development and performance.
- How to create a specific written plan as a guide for future advancement.

Course Features

- Access to our Anonymous Ask the Expert tool
- Rich video scenarios based on real-world events
- Built-in employee sentiment surveys
- 50+ Machine Translation Options
- Optional program timer
- Policy acknowledgement tool
- Extensive customization options

VERSIONS

All Employees (29 min)

WHAT'S COVERED

- [Annual Reviews](#)
- [Career Development](#)
- [Coaching & Development](#)
- [Feedback](#)
- [Goals & Objectives](#)
- [Organizational Norms](#)
- [Performance Evaluation](#)
- [SMART Goals](#)

COURSE EXPERTS

Jane Tight

Leadership & Coaching Expert

Lessons
Building the Team You Need
Why coaching is a mission critical skill for good leaders and successful organizations.
What Is Coaching?
What does effective coaching look like. And how is coaching different from training?
Developing the Qualities of a Coach
Good coaches do more than talk about "other people's" skills. They work at developing the skills they need to be effective, including self-awareness, social skills, self-regulation and empathy.
Shifting Your Point of View
Being able to see the whole picture is a key skill - regardless of whether you're the person coaching or being coached.
The G in G-R-O-W
Effective coaches help people set realistic, practical, and achievable goals.
The R in G-R-O-W
Effective coaches help people realistically assess where they stand today - as a starting point and benchmark for progress.
The O in G-R-O-W
Effective coaches help people explore and find options and potential paths forward.
The W in G-R-O-W
Effective coaches help people find the path forward and hold them accountable for sticking with it.
What About You?
Share where you're at when it comes to coaching - and being coached.
Post-Program Survey

Share Your Thoughts.